



**KALEIDOSCOPE**  
A MOVEABLE FEAST

416-805-6255  
[kaleidoscopecatering.com](http://kaleidoscopecatering.com)  
[info@kaleidoscopecatering.com](mailto:info@kaleidoscopecatering.com)

**Thank you for your purchase of our ready-to-heat meal!**  
**Below you will find heating directions for your meal.**

**EGGPLANT PARMESAN**

Ingredients: eggplant, plum tomatoes, cheese, panko bread crumbs, egg, garlic, salt, spices

**HEATING INSTRUCTIONS (SMALL):**

1. If frozen, defrost in refrigerator overnight.
2. Preheat oven to 350° F
3. Place container on middle rack of oven and bake for 35 minutes.
4. Increase oven temperature to 375° F, remove lid & liner
5. Bake another 10 minutes or until desired doneness is reached.
6. Remove from oven, replace lid & liner, let rest 10 minutes.

**ENJOY!**

.....

**HEATING INSTRUCTIONS (LARGE):**

1. If frozen, defrost in refrigerator overnight.
2. Preheat oven to 350° F
3. Place container on middle rack of oven and bake for 45 minutes.
4. Increase oven temperature to 375° F, remove lid & liner
5. Bake another 15 minutes or until desired doneness is reached.
6. Remove from oven, replace lid & liner, let rest 15 minutes.

**ENJOY!**