

Thank you for your purchase of our ready-to-heat meal! Below you will find heating directions for your meal.

SLOPPY BUNS

HEATING INSTRUCTIONS:

- 1. Preheat oven to 375°F
- 2. Place foil container on middle rack of oven, with lid removed.
- 3. Bake for 20-25 minutes, until tofu is heated through.
- 4. Meanwhile, pour chickpea curry into a heavy-bottomed pan, and reheat over medium-high heat, stirring frequently. (Or microwave until hot)
- 4. Remove tofu from oven.
- 5. Cut buns in half, and distribute chickpeas and tofu evenly among them.
- 6. Top with green sauce and slaw as desired.

ENJOY!