



KALEIDOSCOPE
A MOVEABLE FEAST

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Thank you for your purchase of our ready-to-heat meal!

Below you will find heating directions for your meal.

BEEF & RICOTTA MEATBALLS

Ingredients: Jubilee Forest Farm grass-fed beef, plum tomatoes, bread (flour, water, eggs, yeast), milk, ricotta cheese (cow's milk), olive oil, garlic, parsley, parmesan cheese, salt, spices

HEATING INSTRUCTIONS (SMALL):

1. Pour contents of container into a medium saucepan.
2. Heat, covered, on medium-low until simmering, then turn meatballs, and simmer a few more minutes.
3. Turn off heat and leave covered for 5 more minutes.
4. Serve with your favourite pasta.

OR

Microwave on medium-high until heated through.

ENJOY!

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HEATING INSTRUCTIONS (LARGE):

1. If frozen, defrost in refrigerator overnight.
2. Preheat oven to 350° F
3. Place container on middle rack of oven and bake for 45 minutes.
4. Serve with your favourite pasta.

ENJOY!