



KALEIDOSCOPE
A MOVEABLE FEAST

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Thank you for your purchase of our ready-to-heat meal!
Below you will find heating directions for your meal.

LEMON CHICKEN

HEATING INSTRUCTIONS:

1. Preheat oven to 425°F
2. Place foil container of chicken, with lid off, on middle rack of oven.
3. Bake for 7 minutes.
4. With tongs, flip each piece of chicken over.
5. Bake another 7 minutes.
6. Meanwhile reheat rice and sweet & sour vegetables in the microwave.
7. Remove chicken from oven, and cut chicken into strips. Drizzle or toss with lemon sauce.

ENJOY!