

## Thank you for your purchase of our ready-to-heat meal! Below you will find heating directions for your meal.

## **CHILI CON CARNE**

## **HEATING INSTRUCTIONS:**

- 1. If frozen, defrost in refrigerator overnight.
- 2. Pour contents of container into a medium saucepan.
- 3. Heat, covered, on medium-low until simmering, stirring frequently.
- 4. Reduce heat to low and simmer 10 more minutes, stirring occasionally.
- 5. Serve with grated sharp cheddar cheese or sour cream, green onion and cilantro. OR

Microwave on medium-high until heated through.

## **ENJOY!**